



Well-deserved pampering and relaxation for
youthful beauty and wellness

SPA



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**Relaxation is the art of
letting go.**

– Anonymous



Tamarind Springs

Tamarind Springs was conceived as an oasis for body and soul. They believe that the living world of trees and plants, rocks and flowing water are potent tools to heal disease and calm the spirit. Starting with a superb location on Koh Samui, they integrated man-made structures into the natural environment, enhancing the setting and to making it accessible to guests, without imposing on its intrinsic natural beauty.

At Tamarind Springs you can truly reconnect with the slow measured beat of the natural world in a potent environment – and find yourself nurtured, refreshed and revitalised. Their formula is simple. Take time out in an extraordinary natural environment, and the magic begins.



Website:

www.tamarindsprings.com

Tamarind Springs



Area:

Lamai

Business Hours:

Reception - 9am to 8pm

Steam caves - 10am to 5:30pm

Price Range:

Steam Only - 1,500++ THB

Massage Packages - 5,500++ to 8,500++

Reservation / Cancellation Policy:

- Deposits are required to confirm your reservation.
- Cancellations and no shows will result in loss of the deposit.
- To reschedule, Tamarind Springs requires a 24-hour notice, via phone or in person. Rescheduling is based entirely on availability and on their discretion.

Baan Thai Spa

Located within the luxurious Intercontinental Koh Samui Resort, set 120 meters above sea level, on a cliff surrounded by tropical gardens and commanding gorgeous ocean views, the award-winning Baan Thai Spa by HARNN offers a wide range of traditional Thai, Western and Ayurvedic therapeutic treatments.

Baan Thai Spa includes five massage and treatment rooms with private changing rooms and en-suite bathrooms; a couple's suite with soaking tub, rain and steam showers; a Holistic and Ayurvedic Consultation Room; a Day Spa room for express and salon services including manicure, pedicure and hair salon services. A traditional tea serving ceremony is also part of every treatment.

Website:

www.samui.intercontinental.com/spa



Baan Thai Spa by HARNN

Area: Taling Ngam

Business Hours: Open daily, 10am to 9pm

Price Range:

Signature Packages 6,900++ to 7,800++ THB	HARNN Specialties 1,900++ to 10,900++ THB
Body Therapies 2,900++ to 4,500++ THB	Baths 850 THB
Body Exfoliation 2,500++ THB	Manicure and Pedicure 950++ to 2,700++ THB
Body Mask and Wrap 2,900++ THB	Waxing 600++ to 2,000++ THB
Facial Treatment 2,400++ to 3,200++ THB	

Reservation / Cancellation Policy:

- A valid credit card is required to hold your reservation. All prices are quoted in THB and subject to change without prior notice.
- Appointments begin promptly at the time schedule. If you arrive late, depending on availability, your appointment might be shortened so that therapist will be on time for the next session. Thus, please arrive 20 minutes prior to your reserved treatment time to fully enjoy pre-treatment experience.
- The spa has a 24-hour cancellation and rescheduling policy. We require that you notify us of any changes or cancellations 24 hours prior to your scheduled appointment time to avoid 50% of cancellation charge. For any cancellations with less than 12 hours notice or no-shows, full value of reserved spa service will be applied.





Away Spa

Get AWAY from it all, the W way. Step into W Koh Samui resort's extravagant spa outfitted for total privacy and complete renewal. Nestled within five luxurious pavilions, seven treatment rooms blend vivid colors with inspiring scents, imaginative sounds, energizing lighting and detoxifying potions laced with local flavors.

Detox. Let natural healing therapies prepare you for whatever comes next at the Away spa retreat in Koh Samui. Try Asia's first Thaimazcal® herbal sauna/steam experience, where you'll enjoy an extraordinary thermal bath. Inspired by the traditional Mexican Temazcal ritual, it works to cleanse and purify the body and soul. Refuel. Luxuriate in the essential oils, massage gels, body scrubs and wraps designed especially for our spa, and you. Then, energize with juices, smoothies, light snacks and other refreshments from Tonic Bar.



Website: www.marriott.com/hotels/hotel-information/fitness-spa-services/details/usmwh-w-koh-samui/6033887/

Away Spa @ W Koh Samui



Areas:

Mae Nam

Business Hours:

Open daily, 10am to 10pm

Price Range:

Massages - 3,000++ to 4,700++ THB

Body Treatments - 5,000++ THB

Facial - 2,500++ to 5,500++ THB

Scrubs - 2,800++ THB

Wraps - 2,800++ THB

Baths - 1,600++ THB

Hair Styling / Care - 1,900++ to 2,500++ THB

Waxing - 1,400++ to 2,500++ THB

Nail Care - 90++ THB to 2,400++ THB

Reservation / Cancellation Policy:

- Walk-in guests are welcome, however, making arrangements in advance is encouraged. All reservations must be secured with a credit card. Please advise the spa if you are pregnant or have other significant health considerations when booking your treatment.
- Guests can use all spa features, including the sauna, steam room, stretching class, and meditation. Arriving 20 minutes prior to treatment time is requested to provide you with ample time to check-in and prepare for your spa experience.
- Should your arrival be delayed, the treatment time will be reduced accordingly so that the next guest may be served on time. Late arrival will still result in full charge for your requested service, even though your actual treatment time may be reduced.
- Your reservations require the spa to schedule therapists and hold appointment times just for you. As a courtesy and to avoid charges in full, the spa requires a 4-hour notice should you need to change or cancel your reservation.

Eranda Herbal Spa

Set in a beautiful mountainside, with views over the Gulf of Thailand, Eranda Herbal Spa has a truly exceptional location and epitomizes natural luxury spa experience. Cascading waterfalls, stunning architecture, and beautiful landscaping lead up through the spa grounds and gardens. Spectacular sea views and graceful, attentive staff add to the peace and serenity at this spa.

On arrival you will be greeted by a smiling receptionist and given a ginger and tamarind drink, which is just an opening example of the attention to detail and service you will receive at the spa. Quality of service is assured as each of the highly skilled therapists have been trained at Wat Po; a world famous massage-teaching Buddhist Temple in Bangkok. There is even a fully qualified, resident massage trainer/assessor working at Eranda Spa to ensure that all treatments and techniques remain true tradition.

Website: www.erandaspa.com



Eranda Spa



Areas:

Chaweng

Price Range:

Spa Packages - 3,900 to 8,800 THB

Massages - 1,400 to 3,600 THB

Facial Treatments - 1,500 to 4,200

Slimming Therapies - 1,600 to 3,500

Scrubs and Wraps - 1,600 to 2,300 THB

Steam + Pool - 700 THB

Steam + Jacuzzi - 1,200 THB

Business Hours:

Open daily, 9am to 9pm

Reservation / Cancellation Policy:

Booking should be made 1 or 2 days in advance.

During high occupancy seasons, the spa would ask each guest to pay full amount to secure the slot. Cancellations and no shows result in loss of the payment. Rescheduling is allowed within 24 hours. The spa must be notified of all cancellations within their normal office hours from 8am to 8pm.



Six Senses Spa

The emphasis of the Six Senses Spa is to offer de-stress treatments that focus on bringing out your inner beauty by pampering to your body's needs. Their therapists are fully trained to provide "high touch", not "high tech" treatments. They can help you select the most suitable treatments and packages which can be fine-tuned to suit your needs.

Surrounded by spectacular ocean views, you will leave the spa feeling invigorated, energized and full of vitality. They have a team of highly skilled spa therapists and another team of selected holistic practitioners from all over the world. They have great understanding and passion for physical, emotional and spiritual health resulting in great well-being. Herbal steam, sauna, showers, changing rooms and relaxation areas are available in the spa.



Website:

www.sixsenses.com/resorts/samui/spa

Six Senses Spa

Areas: Bophut



Business Hours: Open daily, 9am to 9pm

Price Range:

Rituals - 4,900++ to 6,900++ THB

Signature Therapies - 4,200++ to 6,900++ THB

Massages - 2,900++ to 4,500++ THB

Ancient Thai Wisdom - 2,900++ to 4,900++ THB

Specialized Therapies - 2,500++ to 6,500++ THB

Healing Energy - 1,900++ to 2,500++ THB

Baths and Body Therapies - 2,500++ THB

Facial Therapies - 1,000++ to 3,500++ THB

Hand and Foot Care - 1,200++ to 2,200++ THB

Self-Healing - 2,900++ to 6,900++ THB

Holistic Activities - 2,500++ to 7,000++ THB

Reservation / Cancellation Policy:

- Please arrive at the spa 15 minutes prior to your appointment in order to complete your health assessment form and take time to relax in the tranquil surroundings of the spa before your treatment. The spa recommends using their sauna and steam prior to any treatment, as this will stimulate your blood and lymphatic systems and enhance the benefits of your spa treatment.
- Out of respect of other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.
- Please allow five hours' notice on individual treatments and 24 hours' notice on spa packages; otherwise, 50 percent of the treatment price will be charged as cancellation fees. Failure to keep your appointment will result in a 100 percent treatment charge.



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